

I Am Affirmations

Crown Chakra	Divine At one Filled Whole	Seen Believing Inspired In Tune	Spiritual Eternal Joyful Faithful	Trusting Aware Connected Renewed	Enlightened Clear
Third Eye Chakra	Hopeful Perceptive Intuitive Divinely Guided	Calm Positive Complete Steadfast	Trusting Conscious Intelligent Discerning	Unlimited Insightful Balanced Visionary	Focused Wise
Throat Chakra	Assertive Articulate Creative A Listener	Intelligent Truthful Genuine Peaceful	Included Social Sincere Expressive	Open Healthy Validating Kind	Honest Joyful
Heart Chakra	Flowing Grateful Free Forgiving	Unlimited Protected Loved Blessed	Valued Balanced Cherished Precious	Respected Loving Humble Abundant	Merciful Unconditional Compassionate Pure
Solar Plexus Chakra	Worthy Active Peaceful Powerful	Accepting Enough Faithful Deserving	Awesome Successful Balanced Strong	Energetic Relaxed Accepted Whole	Radiant Peaceful Redeemed Good Enough
Sacral Chakra	Creative Connected Giving Receiving	Virtuous Accepted Pure United	Whole Appreciated Wanted Important	Nurtured Desirable Cherished Motivated	Involved Resilient Reliable Beautiful
Root Chakra	Rooted Upheld Stable Present	Safe Secure Supported Powerful	Protected Trusting Connected Content	Relaxed Flexible Empowered Awake	Involved Resilient Reliable Beautiful